



# CLB-5 FAMILY READINESS NEWSLETTER

MAY 2010

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### Commanding Officer:

Lt. Col. Jeff Jarosz

### Executive Officer:

Maj. Shane Long

### Sergeant Major:

Sgt. Maj. Brian Cullins

### H&S Co Commander:

Capt. Barrett Dupuy

### TS Alpha Co Commander:

Capt. Matt Zimbalist

### TS Bravo Co Commander:

Capt. Sean Cox

### Maintenance Co Commander:

Capt. Joseph Flynn

### Engineer Co (7<sup>th</sup> ESB):

Capt. Daniel Francis

### Chaplain:

LtJG Saumaleato Fuimaono

### Family Readiness Officer:

Christine Winicki

760.763.1111 (ofc)

760.468.8276 (cell)

### Deputy FRO:

Sgt William McConnell

760.763.4934 (ofc)

William.mcconnell@usmc.mil

### CLB-5 Duty Officer:

760.763.4934

## Commanders Comments

**Lt. Col. Jeff Jarosz**

Families and friends of CLB-5 Marines and Sailors, Greetings from Camp Dwyer, Helmand Province, Afghanistan. CLB-5 has just now completed one month of being responsible for supporting all Marine units in this part of Afghanistan. The transfer of authority from CLB-1 to CLB-5 took place on 16 April. The Marines and Sailors have been working extremely hard and long to get us established, organized and into a routine of delivering all types of support to Regimental Combat Team 7 (RCT-7). The pace has been fast and furious, helping this first month and a half fly by.

CLB-5 is in the support business and with the number of people we are supporting, both U.S. and Afghani forces, it is big business. Transportation Support Companies A and B have been driving long miles over some extremely tough terrain to provide all types of supplies, including fuel, food, water, ammunition, repair parts and mail among other things. These conditions also tax our equipment as well as the Marines. That's where Maintenance Company comes in. They have been surging

their efforts to keep equipment on the road. They have also taken over responsibility for fixing all of RCT-7's broken vehicles and equipment. Many of our mechanics are travelling to repair the equipment of their fellow Marines. While back at Camp Dwyer, Maintenance Company has built an excellent facility that also provides respite from their long days under the sun. Part of their mission includes recovering vehicles and equipment that continuously gets stuck in the deep desert sands. Engineer Company has been improving many of the so-called roads in our area of operations, grading and replacing culverts in the many canals that criss-cross the landscape here. Their road work has had a dramatic effect on mobility for all Marine units and the local people themselves. Our own special force of 15 advisors, which we trained prior to deploying, has embedded with an Afghani army battalion to train and advise. They too are having distinct impacts on improving the capabilities of the local security forces. Headquarters and Service Company has been critical in coordinating all

this activity and getting all the Marines and Sailors settled in for the duration: getting billeted and supplied; setting up all of our different communications mediums; ensuring everyone's special pay and benefits are registered in the system; and looking out for everyone's health in this demanding environment. The Marine Corps is taking good care of us here at Camp Dwyer as the Marines and Sailors live and eat well, thus being well-sustained for the rigors of our mission.

In this edition, we've tried to provide as many pictures and we'll continue to focus on pictures. Additionally, our Family Readiness Officer, Christine Winicki, has included other helpful deployment info as we all settle into our rhythms. Your Marines and Sailors are making us all proud. I know you'll continue to make them proud as well as you continue to handle your own unique deployment challenges. To be continued . . .

Semper Fi  
Lt. Col. J.L. Jarosz



See all photos on the 1st Marine Logistics Group Facebook Page:

<http://www.facebook.com/home.php?#!/pages/Camp-Pendleton-CA/1st-Marine-Logistics-Group/90461653973>



## April 2010 Promotions

MSgt Miranda, Salvador	Cpl Stephenson, Jesse	Lcpl Martineztorres, Cristian
SSgt Vanhemelryk, Dennis	Cpl Talamantez, Randy	Lcpl McClintock, Troy
Sgt Bigback, James	Cpl Tims, Ryshawn	Lcpl Meissner, Steven
Sgt Espinoza, Ray	Cpl Vombaur, Justin	Lcpl Penapelaez, Candida
Sgt Patterson, Daniel	Cpl Wozufia, Elom	Lcpl Perez, Filmore
Cpl Aguirre, Martin	Lcpl Canacan, Thomas	Lcpl Plank, Michael
Cpl Anderson, Tyler	Lcpl Coluzzi, Nicholas	Lcpl Spridgeon, Wesley
Cpl Cordova, Juan	Lcpl Cruse, Kyle	Lcpl Wambach, Donald
Cpl Garcia, Theodore	Lcpl Davis, Justin	Lcpl Wyche, Kendrick
Cpl Hemminghaus, Paul	Lcpl DeJesus, Richardo	PFC Sandoval, Fidel
Cpl Montgomery, Kelly	Lcpl Dunn, Bryce	<i>Meritorious</i> PFC Fazedin, Allie
Cpl Salas, Michael	Lcpl Hernandez, George	
Cpl Smith, Mary	Lcpl Jones, Justin	



**Corporal Samantha Logan Schultz** passed away on April 24, 2010 from injuries sustained in a single vehicle accident in Bonsall, CA.

Corporal Schultz was born on November 9, 1987 in Sacramento, California. She entered recruit training at MCRD Parris Island, South Carolina in August of 2005. Upon graduation of boot camp, PFC Schultz went on to Marine Corps Training in Camp Lejeune, North Carolina. Lance Corporal Schultz later moved on to Motor Transport Operator school in Ft Leonard Wood, MO. In July of 2006, LCpl Schultz was assigned to H&S Bn Marine Corps Base, Camp Butler in Okinawa Japan. Cpl Schultz completed a successful tour in Japan and was sent to Combat Logistics Battalion 5, where she deployed during OIF 8. Cpl Schultz's awards include the Navy and Marine Corps Achievement Medal, a Good Conduct Medal, Global War on Terrorism Service Medal, and the National Defense Service Medal. She is survived by her mother, Markay Tobie Deala, Father, Keith Allen Schultz, and her brother, Theodore Louis Passalis III.

## May 2010 Promotions

MSgt Horn, James	Lcpl Bassett, Justin
SSgt Martin, Cory	Lcpl Boyce, Benjamin
Sgt Broadnax, Jonathan	Lcpl Davis, Cornelius
Cpl Coates, Timothy	Lcpl Dye, Travis
Cpl Dolan, Robert	Lcpl Hunter, Kevin
Cpl Lopez, Sergio	Lcpl Jones, William
Cpl Mecham, Damian	Lcpl Pedersen, Brad
Cpl Rockhold, Ashley	Lcpl Riso, Veronica
Cpl St. John, Wesley	Lcpl Ygrubay, John
Cpl Sebastian, Jose	
Cpl White, Colin	
Lcpl Avery, Jake	

# Deployed Pay and Entitlements Snapshot

Many families are wondering if they are receiving the correct pay and entitlements given to deployed Marines.

Here is a quick "snapshot" of what each Marine rates:

## ALL MARINES:

- Imminent Danger Pay: \$225/mo
- Hardship Duty Pay: \$100/mo
- Deployed Daily Per Diem: \$3.50/day
- Basic Allowance for Subsistence (BAS)  
Enlisted - \$323.87/mo  
Officer - \$223.04/mo
- Combat Zone Tax Exclusion—all income, including special pays listed above, are NOT TAXED by the Federal or State Governments
- Combat Leave—accrued while deployed and is Non-taxable when used upon return from deployment.
- Promotions and Bonuses awarded while deployed are also Non-taxable

## MARINES WITH DEPENDENTS:

Families and Marines with dependents also rate:

- Family Separation Allowance: \$250/mo  
This pay is given to assist families with EXTRA expenses related to:

- \*Childcare
- \*Home/Yard Maintenance
- \*Transportation

Any other expenses that families without their Marines might incur.

This special pay is also Non-Taxable

These special pays and entitlements can be viewed on the Marines Leave and Earnings Statement (LES) on the My Pay website. Your Marine will need to give you an access number and PIN in order to view the LES. The Marines have access to My Pay in Afghanistan and can monitor their pay.

## Pay Allotments

Pay allotments are a wonderful way to make sure that money is provided to family at home to pay household expenses and bills AND allowing the Marine access to some cash for personal items while deployed.

Yet, allotments can be frustrating in the beginning since your money is held for two paycheck cycles and the third paycheck the deposit is completed. PLEASE do not panic, your money is not lost!!!

As an example, if you set-up an allotment on March 20th for \$500, on April 1st, \$250 is with-

drawn and set aside and another \$250 is withdrawn and set aside. Your deposit of \$500 is made on May 1st.

If you look at the bottom of your Leave and Earnings Statement (LES) you will see the documentation regarding your allotment.

If you have questions or concerns, please contact the **IPAC Pay Section at 760-725-0881 or 760-725-0975. You WILL BE ASKED for a Power of Attorney**, which you can take in person if you live nearby or they will accept a faxed copy.

## Deployed Addresses:

### Hqrts & Service Co (H&S)

RANK, FULL NAME  
CLB 5 H&S CO  
UNIT 42230  
FPO AP 96427-2230

### ENGINEER Company

RANK, FULL NAME  
CLB 5 ENG CO  
UNIT 42240  
FPO AP 96427-2240

### Transport Support ALPHA Company

RANK, FULL NAME  
CLB 5 TS A CO  
UNIT 42242  
FPO AP 96427-2242

### Transport Support BRAVO Company

RANK, FULL NAME  
CLB 5 TS B CO  
UNIT 42243  
FPO AP 96427-2243

### MAINTENANCE Company

RANK, FULL NAME  
CLB 5 MAINT CO  
UNIT 42250  
FPO AP 96427-2250





Mother's Day at the Park  
May 9, 2010



## UPDATE on YMCA Childcare

The Marine Corps, along with the YMCA, operates a special program to provide **16 hours per month of childcare**, also called respite care, to families with a deployed Marine or Sailor.

Parents must use an existing licensed center or licensed in-home childcare providers that are located in the Base Housing areas.

**You MUST have a copy of your Marine's deployment letter in order to apply for this program.**

***If you DO NOT have this letter, contact the FRO, Christine Winicki at 760-763-1111/760-468-8276 or denise.winicki@usmc.mil***

To apply for the program, contact:  
1.800.424.2246 or  
mymilitary-care@ymcacrs.org

**Local program director:**  
Blanca Maldonado  
Program Manager  
Deployment Respite Care  
760.726.9100 x3325  
bmaldonado@ymcacrs.org

**I've got Respite and I've got Family Sep Pay for a sitter.  
How do I find someone I can trust?:**

- **Get a list of licensed, in-home providers located in Base Housing from the Childcare Resource and Referral office:  
760-725-9723  
Bldg. 13150 Room 121  
M-F 7:00am—5:30pm**
- **Sitter City—military gets FREE access to use this website that connects high quality sitters with families. Site Includes: pix, references, reviews and background checks**

## CLB-5 Baby Shower—welcoming new B-5 babies

It is RAINING beautiful new Babies!! Our Super Volunteer, Katrina Robinson, "showered" our new moms and soon-to-be moms with a wonderful few hours of time together.

Edible Fruit arrangements, tea sandwiches, gorgeous mini bakery treats made the afternoon special.

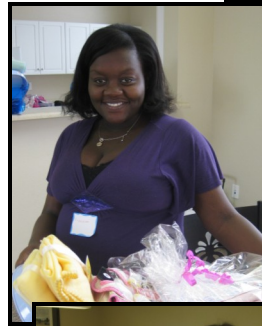
Each mom was given a Baby Basket created by the Sad-

dleback Church Acts of Appreciation or Club 80 from Long Beach. These baskets are made especially for CLB-5 new babies and are filled with handmade blankets, clothing, diapers, bath items, toys and obvious caring and support.

The best part was watching all the moms chatting and sharing ideas and information—

THAT is the Marine Corps Spirit in action!!

Our next shower will take place in June. EVERYONE is welcome to come!!



## CLB-5 Babies

Sgt Shaun and Breanne Greer welcomed **Aiden Marc** on Mar. 17, 2010

Cpl Tyler and Amy Shaffer welcomed **Lilly Denee** on Mar 30, 2010

SSgt Cornell and Sarah Cornish welcomed **Chloe Kimara** on Apr 2, 2010

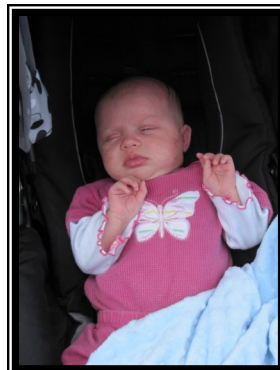
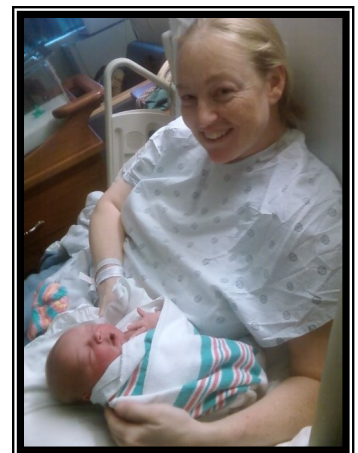
Lcpl David and Cacy Newton welcomed **Gunner Michael** on April 18, 2010

Lcpl Matthew Wylls and Chelsea White welcomed **Rylynn Storm White** on April 19, 2010

Sgt Jacob and Michelle Fisher welcomed **Caiden Campbell** on April 25, 2010

Lcpl Alex and Opal Potter welcomed **Ayden Steven** on May 3, 2010.

Sgt. Cimber James and Michael Moran welcomed **Novellynn Paige** on May 11, 2010





# 9TH ANNUAL OPERATION APPRECIATION

Saturday, May 15th, 2010  
11:00 a.m. - 5:00 p.m.

Oceanside Pier Amphitheater  
& Beach Community Center

**Free** for all Active Duty  
Personnel & their Dependents:  
• Lunch by Hunter's Steakhouse  
• Live Entertainment in the Bandshell  
• Activities & Carnival Rides for Kids  
• Military Static Displays on the Beach  
(Military ID Required)

## LIVE ENTERTAINMENT:

JW & Cruisers  
West Coast Strayz  
Gymmy Kids  
MC: Cliff from KSON Radio

Entertainment is Free  
to the public. The public  
may purchase unlimited ride  
tickets for \$10. Food  
available for sale to the public.

## Sponsored By:

Oceanside Chamber of Commerce • Armed Services YMCA • City of Oceanside • Genentech  
Pacific Marine Credit Union • Tri-City Medical Center • Omni Financial • Motel 6 • KSON Radio  
Navy Federal Credit Union • Waste Management of North County • Oceana Laundry  
Military Press Newspaper • 99c Only Stores • Bank of America • K. Hovnanian Homes  
Harbor Village Merchants Association • Allie's Party Rental • Lincoln Military Housing • Park University  
Freedom Furniture & Electronics • San Diego Spine & Rehab • Southern Tobacco Co. • Properties by Hood  
Vintage Mortgage Group • Dedicated Credit Repair • North County Times

FOR MORE INFORMATION VISIT: [WWW.OCEANSIDEOPERATIONAPPRECIATION.COM](http://WWW.OCEANSIDEOPERATIONAPPRECIATION.COM)

1st MLG Family Readiness

## BEACH WALKS

Every Wednesday at 9:30 am

to Meet at the Del Mar Cantina

Bring the kids ,Meet new Friends and  
stretch Your Legs!

## FAITHFULLY DEPLOYED

### Military Wife Bible Study

Murrieta

Copper Canyon Park  
(on Calle de Oso)

Mondays:

May 10

May 17

May 24

June 7

9:30-11:00am

Bring the kids to  
play at the enclosed park

Topics of discussion include:

Married to the Military

Trusting God in the Unknown

Overcoming Loneliness

Loose Lips Sink Ships

We will be using the book

Faith Deployed by

Jocelyn Green.

Questions:

RSVP to [mountbird1@yahoo.com](mailto:mountbird1@yahoo.com)

or call

**Chick-fil-A**  
**MILITARY APPRECIATION NIGHT**  
PRESENTED BY:  
**VFW**  
VETERANS OF FOREIGN WARS  
[WWW.RETURNTHEFAVOR.ORG](http://WWW.RETURNTHEFAVOR.ORG)  
**USAA**  
[WWW.USAA.COM](http://WWW.USAA.COM)  
**THURSDAY MAY 27, 2010**  
**4:00PM-7:00PM**  
**MILITARY AND IMMEDIATE FAMILY EAT FREE WITH VALID MILITARY ID**  
OFFER NOT VALID IN THE DRIVE-THRU  
ACTIVITIES AND ENTERTAINMENT WILL VARY  
AT EACH CHICK-FIL-A® LOCATION  
PARTICIPATING CHICK-FIL-A® LOCATIONS:

CHICK-FIL-A EASTLAKE TERRACES  
2089 Dyming Pkwy  
CHULA VISTA, CA 91915  
(619)482-6719

CHICK-FIL-A MADISON AVENUE  
24796 MADISON AVENUE  
MURRIETA, CA 92562  
951-677-5173

CHICK-FIL-A SPORTS ARENA  
2370 SPORTS ARENA BLVD  
SAN DIEGO, CA 92110  
(619)758-1555

CHICK-FIL-A TEMECULA  
40321 MARGARITA ROAD  
TEMECULA, CA 92591  
951-296-6467

CHICK-FIL-A QUARRY CREEK  
34775 MARION RD  
OCEANSIDE, CA 92056  
(760)720-9199

CHICK-FIL-A SAN MARCOS  
387 SHAW AVE  
SAN MARCOS, CA 92078  
(760)736-8105

ONE FREE MEAL (#1, #4, OR 4-COUNT KIDS MEAL) PER PERSON WITH VALID MILITARY ID. MEAL OFFERINGS MAY VARY AT EACH LOCATION DEPENDING ON ATTENDANCE. NOT VALID WITH ANY OTHER OFFER. PRESENTATION ONLY VALID AT LISTED LOCATIONS. © 2010 CFA PROPERTIES, INC. CHICK-FIL-A AND CHICK-FIL-A STYLIZED ARE REGISTERED TRADEMARKS OF CFA PROPERTIES, INC.

## MAY 2010—1ST MONTH OVER!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4	5 9:30 am MLG Beach Walk	6	7	8
9 Mom's Day at the Park	10 9:30 Bible Study for Military Wives	11	12 9:30 am MLG Beach Walk	13	14	15 11-5 Operation Appreciation Oceanside Pier
16	17 9:30 Bible Study for Military Wives	18 11:00 Family Readiness Meeting	19 9:30 am MLG Beach Walk	20	21 1100-1300 Rear Ele- ment BBQ	22
23	24 9:30 Bible Study for Military Wives	25	26 9:30 am MLG Beach Walk	27 4-7pm Chik-Fil-A Military Apprec Nite	28	29
30 3:00pm Memorial Day BBQ	31					



The Grill is Hot,  
the Drinks are Cool  
Come Join CLB 5 at a BBQ!

Sunday, May 30

3:00—6:00 pm

Cary Home(s)

(they live next to each other)  
Wildomar, CA (past Murrietta)

Look for Evite with details and directions



### Schedule of Events

#### 9:30 am MLG Beach Walk

##### Every Wednesday

bring the kids and your walking shoes to the Del Mar beach Cantina for a walk on the beach. Meet new friends and get out the stress! No RSVP required

#### Mom's Day at the Park

##### May 9, 2010—

3:00—5:00 pm  
Lake O'Neill Special  
Needs Park

#### Faithfully Deployed—Military Wives Bible Study

##### Copper Canyon Park in Temecula

Mondays 5/10, 17, 24  
and 6/7 9:30—11:00 am  
Brigitte 951-813-3159  
See PDF Flyer attached  
to email for details

#### Family Readiness Meeting

May 18, 2010  
11:00—1:00 pm  
MCFTB Office—  
childcare provided  
Help Plan Events for our  
Families.

#### Memorial Day BBQ in Temecula/ Wildomar

##### May 30, 2010

gather at the Cary's house for a family-fun picnic BBQ!

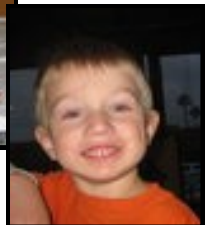
## Spa Night—a Few Hours of Pampering and Friendship



On April 9, 2010, just a few short days after the last CLB-5 Marine deployed, spouses gathered to relax and take a few hours to unwind.

The wonderful ladies inside At the Beach Day Spa in downtown Oceanside treated the wives to champagne and wine, juices, cheese and crackers, fruits, and of course, CHOCOLATE.

As the nibbles and drinks went down, toes and nails were scrubbed and polished, brows were waxed into submission and tans were sprayed to make each lovely lady look as if she had just been to Hawaii!



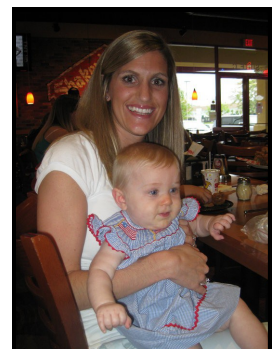
## Shakey's in Temecula—Family Fun

So many of our CLB-5 families live in the Temecula/Murrieta area that we "took the show on the road!"

The kids played in the game room and the moms and friends had some time to swap stories and stress-control techniques.

Everyone got their "hands and feet dirty" with paint to make a backdrop for the

United Through Reading Program. See Pg. 9 for more details on this TERRIFIC program as a way to stay in touch with each other.





## Chaplain's Corner

*"Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight."*  
Proverbs 3

Greeting Families and Friends of CLB-5 Marines and Sailors! We are now into our second month of the deployment and starting to feel the heat of the summer rolling in. With the seasonal weather change we have experienced sand storms which come and go unexpectedly. We are half way into what the Middle Easterners call the 100 days of wind. We had one major sand storm with a lot of cleaning up the following day. Please re-

member to be especially careful when talking with ones you love while being so far away from each other. The impact of what is said is magnified ten times over by the time and distance in the relationship. It is very important to be supportive and loving of one another along with a lot of understanding. We are praying for all of you that our gracious Lord in Heaven will give you strength during these times of sacrifice and time apart. Going through this deployment alone is not the way to go. It is good to have an accountability partner to help lead and guide you through these times. Obvi-

ously, you want to make sure the person that is helping you along the way is going to strength your relationship and not put extra strain or struggles into it. If you need help in your relationships there are tons of resources to fix whatever part of the relationship is not functioning on all cylinders. You can contact any Chaplain or Family Service representative on Camp Pendleton, or contact Tri-Care (online), or contact Military One Source (online). We are here to serve your Marines and Sailors and will do everything in our power to help them in any way we can. The United Through Reading program is a great success.

We had about 40 Marines and Sailors participate in the program so far and many more scheduling appointments. We are having movie outside by the Cans on Friday and Saturday nights for those who are able to attend and are getting a lot of great care package supplies that RP2 and I are handing out to Marines and Sailors. There are a lot more plans to come to try to build the morale and not dwell on the elephant in the room, which is thinking about how much we miss and love all of you back home. Take care and God Bless!

## Chaplain Saumaleato Fuimaono

### UNITED THROUGH READING® Update

On this first month away from family, a deployed **Marine or Sailor** feels the distance between themselves and their loved ones more than ever. That's why CLB 5 is participating in United Through Reading, which provides deployed Active Duty personnel the opportunity to read stories aloud on DVD to the special children in their lives back home. The United Through Reading program is up and running at Camp Dwyer. The Chaplain reported 34 Marines have recorded books for special kids in their lives.

Here is how it works:

The Marine/Sailor either select a book from the Command's children's book library or reads a book they have packed with them. They are recorded reading the book, and then the DVD (and book if owned by the service member) is sent home to the child who can watch and follow along with a copy of the book. One of the best parts of this program is the opportunity for your child to view the recording over and over again. According to research, reading aloud has been shown to be the single best predictor in a child's future academic success. Encourage your Marine or Sailor to participate in United Through Reading and bring their face and voice into your home even when they can't be there. Share with your **United Through Reading Homefront Coordinators, Penny Fuimaono (cherulise@yahoo.com) or Erin Milnikel (erinmilnikel@yahoo.com)**, your family's reactions to your first DVD!

### Emotional Benefits

**Reduces a child's anxiety and stress about parent's absence.**

**Opportunity for meaningful communication between parent and child.**

**Studies prove that the most important thing adults can do in preparing young children for success in school is to read aloud with them.**

Camp Dwyer April & May 2010

